

## **Dear New Parents,**

*At Mimbres Memorial Hospital Birthing Center, we would like you to have the best birth experience possible. We understand the importance of being able to visit with your family and friends and to introduce them to your new baby.*

*You and your baby's well-being are our top priority. In an effort to assure your privacy and to help you get some much needed rest, we have created the following visiting guidelines.*

*Please read the following guidelines and share this information with family and friends. If at any time your needs for visitation are not being met, please discuss them with your nurse.*

### **Identification and Security Bands:**

When your nurse brings your baby, you will be asked to read the numbers and information on your wrist band. The nurse will then check to make sure that the information matches what is listed on your baby's identification band.

We do this for your newborn's safety. We sincerely appreciate your cooperation.

If you have any questions or concerns regarding your baby's identification bands please do not hesitate to ask your nurse.

Your baby will also be wearing a band on his/her ankle with a small monitoring device attached to it. Please, under no circumstances should you ever remove this band or any of the identification bands. It is for your baby's safety. If you have any questions about the security band please ask your nurse.

### **We Welcome Visitors:**

Visiting hours are from 9:00 a.m. until 9:00 p.m.

All visitors must agree to leave immediately if asked to do so.

The father of the baby and/or birthing coach is welcome throughout your entire hospital stay. Other visitors may be present according to the mother's wishes and medical needs.

At birth, visitors may be present if both the mother and physician approve. Please keep visitors to a minimum during delivery.

We suggest the father and/or birthing coach and no more than 2 or 3 other visitors. This allows the nurse and doctor to provide optimal care to the mother and her baby at all times.

After delivery, the mother may have visitors. If mom and baby are well, the visiting rules will resume. The father and/or birthing coach may stay with the mother and baby at all times.

We recommend limiting visitors during the first hour after birth to promote breastfeeding and bonding.

Grandparents and siblings of the baby are able to visit after delivery and during regular visiting hours.